In suburbs of Atlanta lives a normal teenage boy named Matt. One night he plans to hang out with his friends, his mother doesn't trust his friends and tries to get him to stay home. Matt ensures her that they're good kids and he manages to get out of the house. Three friends pick him up, in their beat up car. They tell him that they're planning on robbing their drug dealer, Matt disagrees with the plan and wants to leave. The boys hold him against his will and tell him that he'll be the getaway driver.  The boys arrive at the drug dealer's apartment. The robbery goes wrong and turns into a shootout. Only one boy makes it out of the apartment and into the car with Matt. Matt tries to escape the apartment complex but is cut off by police. The police arrest him as his friend dies in the passenger seat. Matt spends the night in jail and has his court hearing the next morning. The judge tells him of an alternative plan to send him to military school instead of prison. Matt accepts the offer and is sent off to military school. He travels through the countryside in an old school bus. He's accompanied by a handful of juvenile delinquents and two guards. They travel through a forest and eventually reach the remote school campus. Upon arriving they meet the leader, General Jacobs learn that the school will not deal with intolerance. A guard knocks Matt out for looking at General Jacobs. The others are forced to do pushups. Matt eventually wakes up in the barracks. A boy named Jimmy tells him that he took care of him. He also tells him that a boy named Marcus has disappeared. Another boy named Manuel starts harassing Matt, he eventually jumps him with the other boys. Jimmy watches in shock as the guards break it up. They take Manuel away and leave the barracks. The boys eventually go to bed, but are waken up the sounds of Marcus and Manuel's distant screams. The next day the boys question General Jacobs. He says that Marcus committed suicide in the woods and Manuel has started his special training. He tells them that they'll all eventually get to join him. They are then lead on a jog by one of the guards. Matt sneaks out of the group and runs into the foggy forest. He finds old, worn down, barracks. Inside he finds Marcus, Manuel, and three other boys. Their eyes are red with black, slit pupils. They chase him out of the barracks and into the woods. Matt gets lost in the fog but finds his way back to the group. Later that night he tells the others of what he saw. Only Jimmy and another boy named Frankie believe him. The next day the boys are forced to fight each other. Three boys, Ray, Reggie, and Phil lose their fights. They’re taken for their “special training”. That night Matt comes up with a plan to sneak into the school. They find a cellar entrance in the back of the school. Inside they travel down a long, dark tunnel. They follow the sound of chanting and find a candle lit room. Men in black cloaks surround Ray and Phil. They are strapped down to tables. General Jacobs is trying to force feed Ray his blood. Frankie punches the General and releases Ray from the table. The other boys try to free Phil but the men block them. Jimmy is taken by the men while the others escape into the tunnel. The tunnel is never ending and their exit is no longer there. The lights flicker on and blood is pouring down the tunnel walls. The three boys find Reggie in an empty cell. He begs them to get him out. Ray tries to but Reggie grabs his hand and bites it. Reggie’s eyes are red like the others. The boys escape into a ventilation shaft as Reggie laughs, demonically. They quickly crawl through the shaft, looking for an exit. Reggie is released from his cell, he chases after the boys and pulls Frankie back into the tunnel. Matt and Ray make their way through the school vents. They find Phil’s cell while going through the vents. He’s violent, just like the others. They finally reach a dead end, they see General Jacobs’ office through the vent. They sneak in and look through his files. They find files with their names and on titled “OPERATION OPPRESSION”. They hear footsteps approaching the room. Matt takes the file, and gets back into the vent with Ray. They go back the way they came and escape the vent, into the school hallways. The halls are empty and silent, they face numerous booby traps. From dogs to swinging pendulums, and even wasps. They finally make it out of the school at sunrise. They are badly injured from the bee stings. They make their way into the forest but soon pass out from their injuries. General Jacobs tells the guards that he has something big planned for that night. He also tells them that the boys have tracking devices embedded into their skin. He doesn’t want to capture the boys, he wants to lead them into a trap. Matt has nightmares of his mother and demons in the school. He wakes up in forest, it’s now sunset. He wakes Ray up and they continue to escape the forest. They run into booby traps and get injured but continue to push forward. They also find a pile of bodies of the other students. They eventually stumble upon a cult ceremony in the center of the forest. General Jacobs leads the ceremony. He’s joined by the men in black clocks and some of the other boys that have completed their “Special Training”. They attempt to sneak past the cult but are captured. They are tied down to altars. The General explains the school’s plan for them. How he’s creating super soldiers by using ancient occult techniques. They’re possessing the kids with demons from hell so that they’ll be immortal. He tells them about his plans for a “New World Order”, and how this is the first step. Matt’s straps are loose on the altar, so he breaks free and unties Ray. They escape into the woods once again. The possessed boys chase after them, Ray trips and gets taken by the boys, back to the cult. Matt keeps running. We then see him waking up in the barracks, as if it was all just a bad dream. We then see him at his graduation ceremony, his mother is there watching proudly. General Jacobs hands him his certificate of completion. Matt walks off the stage and blinks, his eyes are red.